

# AGELOC® WELLSPA iO®



ageLOC WellSpa iO delivers more of the benefits every body needs to thrive. It's the personalised wellness and beauty device and self-care system to restore, revitalise, and relax. All so you can look and feel like your whole best self.

## MEET AGELOC WELLSPA iO

Restore your overall wellness to feel more balanced, revitalise your skin for a self-confidence win, and relax after exercise or a long day with the power of ageLOC WellSpa iO—our personalised wellness and beauty device system. The exclusive design features adaptive microcurrent technology that comfortably adjusts to your skin in real-time, a Bluetooth-connected app to keep you meeting and exceeding your goals, and powerfully formulated ageLOC products that produce quick results you can feel and see.

Unleash the freedom to feel whole again with ageLOC WellSpa iO.

## WHY YOU'LL LOVE IT RESTORE BENEFITS

Restores overall feeling of wellbeing for better holistic wellness.

- Supports skin purification
- Gently stimulates the skin to help reduce the appearance of puffiness
- Helps stimulate and purify the skin
- Supports overall health and wellbeing
- Helps you feel relaxed
- Helps depuff the skin's appearance through skin stimulation
- ageLOC targets the sources of ageing to preserve the look of youth and reduce the appearance of ageing

## REVITALISE BENEFITS

Revitalises your appearance for better body

confidence.

- Reduces the appearance of dimples for smoother, radiant skin
- Visibly contours by minimising the appearance of cellulite/dimpled skin for smoother, radiant skin
- Visibly firms and tightens skin for a more youthful appearance
- Evens skin tone for a visibly brighter, vibrant skin
- Helps reduce crepey looking skin
- Helps to nourish the skin to promote clearer, smoother and healthier looking skin
- Helps to revitalise your appearance
- Visibly tones and sculpts through skin invigoration
- Hydrates and helps smooth the skin
- ageLOC targets the signs of ageing to help maintain the look of youth and delay the appearance of ageing.

## RELAX BENEFITS

- Relax your body for better pre- and post-workout rejuvenation.
- Add to your pre-workout routine, to help you feel invigorated and ready to go
- Add to your post-workout routine, to help relax your skin & mind after a workout
- Encourages overall skin relaxation that leaves you feeling refreshed
- Helps your body to feel rejuvenated and relaxed
- Provides a smooth, comfortable massage while a contributing to skin stimulation
- ageLOC targets the sources of ageing to preserve the look of youth and reduce the appearance of ageing

## DEVICE FEATURES

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- The surface topography provides a smooth, comfortable experience while contributing to skin stimulation.
- The nodes and current together encourage purification and stimulation.
- The patent-pending adaptive microcurrent continuously and comfortably adjusts to your skin in real time—for an optimised, just-for-you treatment, every time.

## NU SKIN VERA® APP FEATURES

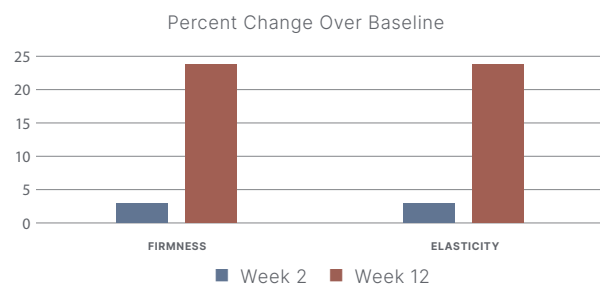
- Designed to customise and complement as you restore, revitalise, and relax, to help you conquer your everyday wellness and beauty goals.
- Tutorials to guide you every step of the way.
- Delivers complementary product recommendations to help you reach your personal skincare goals.
- Easy reordering so you always have your products on hand.
- Designed to provide a personalised iO Score to help you stay motivated and reach your wellness and beauty goals.
- Developed to track your unique usage for fun, incentivising badges.
- Ongoing optimisation through both app and device updates.

## CLINICAL RESULTS THAT PROVE IT REVITALISE STUDY

Thirty-three female subjects between 25–60 years of age with mild to moderate cellulite on the back of their upper thigh, back of upper arms and/or abdomen were recruited to use the ageLOC WellSpa iO Revitalise Regimen. This regimen consisted of using ageLOC Body Polish as an exfoliating cleanser in the above areas, the WellSpa iO device with ageLOC Body Serum for three minutes, three times per week, and ageLOC Dermatic Effects® twice daily. Each area was evaluated by clinical grading and self-perception at baseline and weeks two, four, eight, and 12. The back of the upper thigh was also evaluated by instrumentation at these same time points.

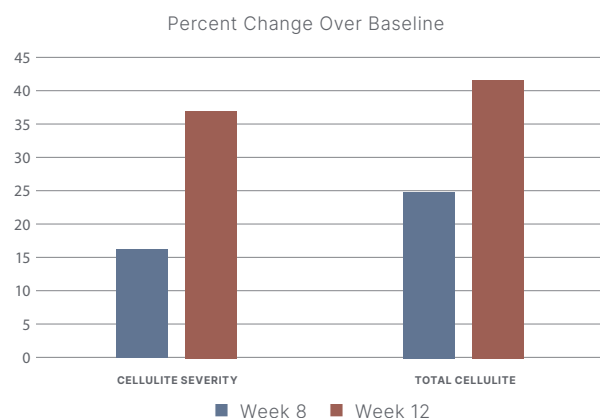
The Cutometer results illustrating the improvements in skin firmness and elasticity on the thigh are presented below.

## Instrumentation: Cutometer



The clinical grader assessed the appearance of cellulite for each area. Below is a representation of the changes seen on the thigh.

## Clinical Grading: Appearance of Thigh Cellulite



Subjects also noted improvements in their skin's appearance within the following attributes for each area:

- Cellulite
- Firmness
- Contouring
- Smoothness
- Hydration
- Overall appearance
- Tightness

Our research has also illustrated that with increased frequency and timing of using WellSpa iO with ageLOC Body Serum, benefits can be seen more quickly and with more significant results through 12 weeks.

## RELAX STUDY

Thirty-two subjects (50% male, 50% female), ages 25–60, completed a two-week consumer perception study. All subjects were moderately to very active (exercised four+ times per week). Subjects used ageLOC WellSpa iO + ageLOC Body Activating Gel

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four times per week on at least three different body areas (such as biceps, triceps, quadriceps, hamstrings, abdominals/obliques, calves, forearms and/or shoulders) for at least one minute per area, following the ageLOC WellSpa iO Relax Regimen. Subjects used the device and topical both pre- and post-workout as part of their evaluation.

After two weeks of use:

- 100% of subjects agreed, “Provides a great pre-workout massage”
- 100% of subjects agreed, “Provides a great post-workout massage.”
- 100% of subjects agreed, “Provides a smooth, comfortable massage while contributing to skin stimulation/relaxation.”
- 100% of subjects agreed, “Provides a smooth, comfortable massage to body before & after fitness.”
- 100% of subjects agreed, “Using the product system encourages overall body relaxation and leaves me feeling refreshed/helps to unwind after a long day.”
- 100% of subjects agreed, “The product system helps me feel more relaxed/reduces stress.”

## HOW TO USE IT

Before use, please refer to the ageLOC WellSpa iO manual for safety information and the Vera® app for usage directions. Whichever routine you choose, we formulated our luxurious, leave-on products with ageLOC technology that targets the sources of ageing to preserve the look of youth—even after your treatment is done.

## AGELOC WELLSPA iO + AGELOC BODY SERUM

Use three times per week to daily. After cleansing, apply a generous amount of ageLOC Body Serum onto problem area to be treated (e.g., upper arms, upper thigh/buttock, or abdomen) and begin treatment with WellSpa iO, focusing on upward/inward movements, gliding up in slow, circular motions and massaging back to the start. Reapply as needed during the session to ensure smooth, continuous connectivity between the skin and device. Massage any remaining serum into the skin.

For best results, cleanse with ageLOC Body Polish as the first step, followed by ageLOC Dermatic Effects® at the end of your routine.

## AGELOC WELLSPA iO + AGELOC BODY ACTIVATING GEL

Apply a generous amount of ageLOC Body Activating Gel to the desired treatment area up to once a day. Focusing on upward/inward movements, glide the device straight upward or in slow, circular massaging movements upward and lightly back to the start. Use with your ageLOC WellSpa iO device. Massage any remaining gel into your skin.

**Note:** Connect to the Nu Skin Vera app or see the ageLOC WellSpa iO manual for complete usage details.

## WHAT POWERS OUR AGELOC BODY PRODUCTS

### AGELOC BODY SERUM

ageLOC Body Serum is used with the WellSpa iO device and was formulated to target visible contouring, reduction in cellulite appearance, and improved skin brightness and overall appearance. Not only can it help to visibly firm and tighten the skin, but it also has great hydrating ingredients that help reduce visible skin crepiness, leaving your skin smooth and more youthful looking.

- Body Silhouette Blend—a unique blend of botanical ingredients that targets multiple concerns related to the appearance of skin on the body—firmness, lifting, contouring, and smoothing the appearance of cellulite.
- AI Peptide—a unique natural oligopeptide identified via AI to have key benefits for skin in firming, smoothing, and antioxidant protection.
- Caesalpinia Spinosa Fruit & Kappaphycus Alvarezii Extract—a weightless-feeling film-former that mechanically improves the lifted and firmed appearance of skin.
- Skin Conditioning Blend (sunflower, macadamia, allantoin, and panthenol)—helps to improve the look and condition of skin by reducing flaking and restoring skin suppleness.
- ageLOC Blend—a proprietary ingredient blend that targets the sources of ageing to preserve the look of youth.

### AGELOC BODY ACTIVATING GEL

ageLOC Body Activating Gel is a refreshing formula used with your Restore and Relax WellSpa iO routines. It's formulated to work with the ageLOC WellSpa iO device to help you look and feel your best.

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- ageLOC Blend—is proprietary ingredient blend that targets the sources of ageing to preserve the look of youth.
- WellBe Blend—a unique blend of Crithmum Maritimum and Ashwagandha extracts that help target the overall feeling of wellbeing.

## YOU MIGHT ALSO LIKE

- ageLOC Body Polish
- ageLOC Dermatic Effects®
- ageLOC TR90® System

\*Check your market for availability.

## LEARN MORE ABOUT IT

### How do you integrate wellness and beauty in one device?

We treat our bodies like an ecosystem and want holistic solutions that complement our personal health and evolving needs. ageLOC WellSpa iO does just that. From the powerful ageLOC formulas to the unique topography, adaptive microcurrent, and connected iO experience, WellSpa iO provides restoring, revitalising, and relaxing wellness and beauty benefits that help you look and feel your best

### ageLOC Body Serum and ageLOC Body Activating Gel have similar key ingredients—how do they provide different benefits?

Ingredients can have different types of benefits that fit different desires. This is, in part, due to differences in extraction methods for extracts. Or, at other times the same ingredient can have different targets. So, while an ingredient may be in one formula for one reason, it may have different benefits in another formula.

### What are the three Rs, and how do they impact my wellbeing?

The ageLOC WellSpa iO system is designed to deliver the power of overall wellness, body confidence, and rejuvenation through our three Rs—Restore, Revitalise, and Relax.

- Restore—Designed to depuff and energise your skin, and feel your best any time of day as ageLOC WellSpa iO restores a feeling of “you-got-this” total-body health.
- Revitalise—ageLOC WellSpa iO helps you look your best as it stimulates your skin to visibly firm, tighten, brighten, tone, and hydrate—while helping reduce the appearance of cellulite.

- Relax—Designed to provide a great postworkout massage and encourages your tired body to feel relaxed.

### What benefits will I enjoy because of Adaptive Microcurrent Technology?

The short answer is that it's designed to help you maximise your wellness and beauty goals. But to be technical, the microcurrent continuously and comfortably adjusts to your skin in real time—for an optimised, just-for-you treatment every time. Plus, when you pair ageLOC WellSpa iO with our luxurious, leave-on products, the ageLOC technology targets the sources of ageing to preserve the look of youth—even after your treatment is done.

### How is ageLOC WellSpa iO System unique?

WellSpa iO is a complete reimagination of the at-home spa experience. It utilises a more powerful Adaptive Microcurrent that continuously adapts to the changes in your skin conductivity throughout each session to provide you with an optimal and comfortable experience. WellSpa iO also incorporates one-of-a-kind, patent-pending metallic nodes that help provide a smooth, comfortable massage while contributing to skin stimulation—designed to perfectly fit the contours of your body and glide smoothly over your skin. The accompanying topicals (ageLOC Body Serum and ageLOC Body Activating Gel) are a seamless leave-on experience packed with powerful ingredients. At the same time, Body Polish provides complementary benefits of cleansing and polishing the skin for a smooth, radiant finish. This system not only helps to contour and beautify the skin, but it also revitalises for an overall uplifting experience as you personalise your wellness and beauty journey.

### How does the microcurrent in WellSpa iO differ from ageLOC Galvanic Body Spa®?

ageLOC Galvanic Body Spa utilises a pulsing direct current to stimulate the skin. WellSpa iO utilises Adaptive Microcurrent. This is a biphasic pulsing current that continuously adapts to the conductivity of the skin in real time. The ability to adjust to the skin's conductivity allows the device to provide the optimal current intensity without compromising comfort.

### What is the maximum amount of time recommended to use WellSpa iO?

You may use your ageLOC WellSpa iO device system up to 5 minutes, per body area, per day.

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## **Why are there different usage movements for WellSpa iO?**

Those looking to restore their wellbeing target an entire area (e.g., the whole thigh, the entire arm) and focus on basic upward and inward movements over the limb. When looking to revitalise your appearance, users will want to use movements that are directed up and/or inward, but also provide some gentle massaging of the area to help improve the appearance of the skin. These areas are likely more targeted as opposed to the entire limb. During a relax routine, specific body areas are being targeted through gentle massage to help them relax. Therefore, smaller, circular, upward/inward motions are desired.

## **Why do the metallic nodes have such a unique shape?**

The WellSpa iO device's one-of-a-kind metallic node design was created to help provide a smooth, comfortable massage while contributing to skin stimulation. The device was designed to perfectly fit to the contours of your body and glide smoothly over your skin.

## **Do I have to connect with the app to use my ageLOC WellSpa iO?**

You'll still enjoy all the great wellness and beauty benefits if you don't connect. However, ageLOC WellSpa iO is created to connect so you'll want to benefit from all the features developed exclusively for you, including personalised goal setting, guided tutorials, custom routines, and usage tracking.

## **How do I know which routine is right for me?**

You know your wellness and beauty needs best, and there are plenty of routines to choose from once you're in the Vera® app. Feel free to try them all to get all the amazing benefits we're sure your skin and body will love.

## **How does ageLOC WellSpa iO support Nu Skin's commitment to sustainability?**

As responsible stewards of our planet, we have proudly designed the WellSpa iO with a rechargeable battery and to be more water resistant, increasing the device's longevity. In addition, the carton is made from 100% recycled material. Please check your local device recycling capabilities and recycle where

possible. By purchasing WellSpa iO, you're joining us in taking an active stride to ensure the future is bright for both the planet and each of us. Please visit [www.nuskin.com/sustainability](http://www.nuskin.com/sustainability) for more information and details on how to recycle.

## **WHAT'S IN IT**

### **AGELOC BODY SERUM**

Water (Aqua), Glycerin, Propanediol, Pentylene Glycol, PEG-16 Macadamia Glycerides, PEG-10 Sunflower Glycerides, PEG-40 Hydrogenated Castor Oil, Camellia Sinensis Leaf Extract, Oligopeptide-1, Sodium Hyaluronate, Sodium Acetylated Hyaluronate, Kappaphycus Alvarezii Extract, Lotus Corniculatus Flower Extract, Crithmum Maritimum Extract, Caesalpinia Spinosa Fruit Extract, Panthenol, Arginine, Allantoin, Carthamus Tinctorius (Safflower) Seed Oil, Tocopheryl Acetate, Carbomer, Xanthan Gum, Hydroxypropyl Methylcellulose Stearoxy Ether, Caprylyl Glycol, Hydroxyacetophenone, Ethylhexylglycerin, Sodium Benzoate, Disodium EDTA, Fragrance (Parfum), Sodium Hydroxide, Citric Acid.

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## AGELOC BODY ACTIVATING GEL

Water (Aqua), Butylene Glycol, Glycerin, Polysorbate 20, Withania Somnifera Root Extract, Crithmum Maritimum Extract, Sodium Hyaluronate, Schizandra Chinensis Fruit Extract, Oryza Sativa (Rice) Extract, Lotus Corniculatus Flower Extract, Allantoin, Bisabolol, Panthenol, Sodium PCA, Aloe Barbadensis Leaf Juice, Carbomer, Fructose, Caprylyl Glycol, Chlorphenesin, Disodium EDTA, Phenoxyethanol, Fragrance (Parfum), Aminomethyl Propanol.



Scan the QR code to  
connect with Vera®

For more information, please consult the ageLOC  
WellSpa iO User Manual.



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User Manual